



## Survivor Diaries 2



### Overview

Students discuss the importance of having trusted adults to go to for help if anything ever makes them uncomfortable or confused. Students view “Survivor Diaries” while answering questions about what happened to Ryan and Noah. Students then create their own list of trusted adults.



### Materials / Preparation

- Computer lab or computer connected to an LCD projector or television monitor
- Video - “Survivor Diaries”
- Pencils/pens/markers
- Paper
- Attachment 1 - “Trust and Why” handout copied for each student
- Attachment 2 - “Survivor Diaries Questionnaire” copied for each student
- Attachment 3 - “Questionnaire Answers”



30 minutes



### Activity

Ask students: *Who are people in your life that you trust?* Answers may include parents, guardians, best friends, other relatives, or siblings. *Why do you trust these people?* These people have been supportive in the past; they’re understanding and listen; they make you feel better when you are confused or sad; they offer advice and solutions to your problems. Let students know that it’s good to have friends their own age to trust and talk to, but it’s also important to have trusted adults who can help them.

*As you watch this video, think about how talking to a trusted adult might have led the teens in the video to make different decisions.* Watch “Survivor Diaries.” Have students fill out the “Survivor Diaries Questionnaire” (attachment 2) as they are watching the video. Students may

need to view the video more than once to answer all questions.

Discuss how talking to a trusted adult might help students make safer choices. *What happens if a trusted adult isn’t around and someone is bothering you when you are online? How would you contact your other trusted adults? Would having a plan of action be helpful in situations where you need to talk to a trusted adult? Should you discuss this with a trusted adult, before something happens, so you’ll know what to do?* Explain to students that it’s important for them to be prepared and know what to do in situations that make them uncomfortable or confused. Have students fill in specific adults that they trust using the “Trust and Why” handout (attachment 1).



### Follow-Up

Discuss the open-ended questions from the “Survivor Diaries Questionnaire” as a class and ask for volunteers to share their answers.



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Trust and Why

Name of person you trust:

Why do you trust this person?

E-mail Address:

Phone Numbers:



## Questionnaire

### Ryan Questions

1. How long ago was Ryan victimized?
2. What was going on in Ryan's life that made him turn to the Internet for comfort?
3. How did he feel about what was going on in his life?
4. What would Ryan and this person chat about?
5. Why did he trust this person?
6. Did he agree to meet this person in real life?
7. How do you think this person found Ryan?

### Noah Questions

1. How old was Noah when he was victimized?
2. How did the person contact Noah?
3. How long did it take for Noah to agree to meet this person offline?
4. Where was Noah taken?
5. How did Noah feel after it happened?
6. What reasons did Noah give for not telling a trusted adult?
7. What percentages of males have met someone online who asked to meet them in person?
8. What percentage of males who had uncomfortable online experiences did not tell anyone?
9. What did Noah do to get help?





### Questionnaire Answers

#### Open-Ended Group Discussion Answers (Answers may vary.)

1. What do you think Noah and Ryan mean when they say “I’m not a victim, but a survivor?”

*By telling someone about what happened to them, Ryan and Noah decided not to feel afraid, ashamed, or powerless anymore. Telling a trusted adult means that they can move forward and live as survivors. Ryan and Noah also helped prevent victimization of other teens by sharing their story.*

2. What do you think they learned from this experience?

*Ryan and Noah realized that what happened to them wasn’t their fault. Unfortunately, there are people out there looking to hurt others. Those people don’t need permission to contact teens online; and they can use information from those conversations to locate their victims.*

3. What are three things Ryan and Noah are trying to teach you?

*Online victimization happens to both females and males; Internet predators don’t fit any one mold and do not need your permission to contact you; it’s important to tell a trusted adult if anything like this happens to you.*

4. What are three things you can do if you or someone you know is victimized?

*Tell a trusted adult, a law-enforcement officer, or make a report at [www.cybertipline.com](http://www.cybertipline.com).*

5. Should you ever try to handle a situation like this by yourself?

*It’s better if you seek help and support from an adult you trust. They may be able to provide options and suggestions to you that you might not know or think about.*